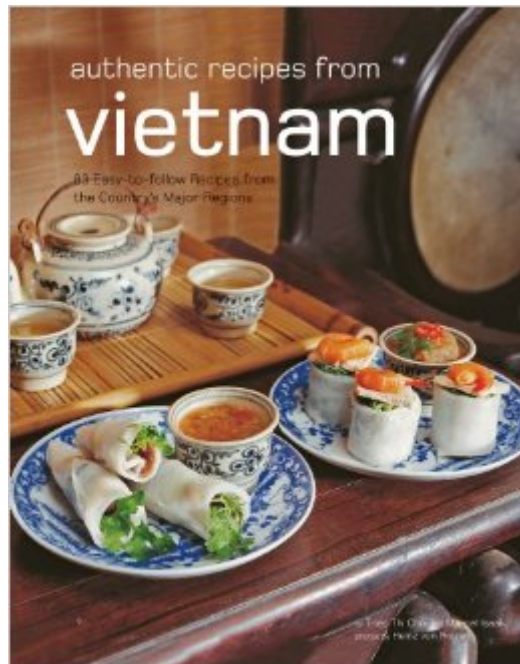


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Authentic Recipes From Vietnam: [Vietnamese Cookbook, Over 80 Recipes] (Authentic Recipes Series)



Synopsis

This beautifully illustrated Vietnamese cookbook offers over 80 authentic, mouthwatering recipes and simple, accessible instructions along with a trove of information about the "world's healthiest food". Vietnamese food is fast emerging as one of the most popular of all Asian cuisines. Its emphasis on fresh herbs, raw vegetables and light seasonings makes it ideal for the health-conscious cook. This lavishly illustrated Vietnamese cookbook, gathered and photographed in Vietnam, examines the historical and regional influences that have shaped the cuisine and presents a selection of classic dishes. The easy-to-follow recipes present a diverse range of dishes from the country's major regionsâfrom Hanoi and the cooler north, to Saigon, the Mekong Delta, and all the points in between. Detailed information on Vietnamese ingredients and cooking techniques makes Authentic Recipes from Vietnam the perfect guide for anyone interested in the cuisine of this vibrant and bountiful country, where food is a daily celebration of life. Vietnamese recipes include: Pork Rice Paper Rolls Lotus Stem Salad with Shrimp Clam Soup with Starfruit and Herbs Fried Tofu with Lemongrass and Five Spice Crabs with Tamarind Sauce Braised Duck with Ginger Pork Stewed in Coconut Juice Slush Ice Lychee in Coconut Milk

Book Information

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Customer Reviews

Easy step by step directions on what to do and how to prepare each meal. Great book for beginners and people who want to learn other cultural food. Some of the ingredient maybe a little scary to work with but trust me, it comes out lovely.

If you like periplus cookbooks and already own "the food of" version of this book, then reconsider buying this one. The new "authentic recipes from" series is just a rehash of the "food of series" with a few subtle changes such as relacing obscure recipes with more recognisable ones, bigger font and format, less on the history and some updated pictures. Overall I kind of like the recipes in the new books more as there is less filler and odd recipes, but I do like the layout and format of the older hardcover "food of" books. So if you own "the food of" and want to get this book, be prepared to sell it off as you will only end up doubling up 90% of recipes between the 2.

This is a very good book to learn cooking Asian, particulary Vietnamese food, of which I'm a big fan. The recipes are great, some of the ingredients needed are hard to find in this rinky-dink town I live in, but I manage, sooner or later. You cannot go wrong with this in my opinion. Enjoy!!!

What a terrific book! The recipes are succintly worded and truly authentic. The photography is so excellent, you want to devour the pages. An excellent follow-up to my recent visit to Vietnam. Chef James

love this book easy to follow recipes and quick to cook taste great and the books were in great shape

This book is excellent. Provides many images for each food/recipe and easy to follow. In this book, Vietnamese popular food/recipe today. Also, these recipe can be use for special occasion and everyday food.

a lot of yummy looking recipes

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